

WE LOVE OUR Neighbors

Items listed from greatest need. All donations are welcome!

- I. **Food items:** Individual oatmeal/cereal/coffee, granola bars, fruit snacks, peanut butter jars and packets, healthy/non-condensed soup, low-sodium soups and chili/meal in a can, juice boxes, shelf-stable milks and alternative milk, vegetarian/vegan soups, dairy free mac and cheese, whole grain pasta, gluten-free pasta, other shelf-stable pantry items, nuts, protein bars, fig bars, microwavable meals (example Madras Lentils)
- II. **Full size hygiene items:** shampoo, conditioner, deodorant, lotion, toothbrush, toothpaste, baby wipes, diapers in larger sizes 4-5
- III. **Clothing Items:** men's/women's clothing, shoes, socks, towels, bedding, blankets, sleeping bags, backpacks & hygiene supplies. **High need items include men's jeans, socks, sleeping bags & backpacks.**
- IV. **Pet Food and Supplies**

OF COURSE, volunteers are always needed and appreciated.

Inquire with our partners for other ways you can help!

Collection bins for all items will be available at the **Ballard Blocks Community Pop-Up**, located at Suite #104, next to UPS Store, at Ballard Blocks Shopping Center, 1416 NW 46th Street from **Tuesday, Nov. 2 – Tuesday, Nov. 16th between Noon – 6 pm, daily.**



**Ballard
Food Bank**
A Hub for Hope

